

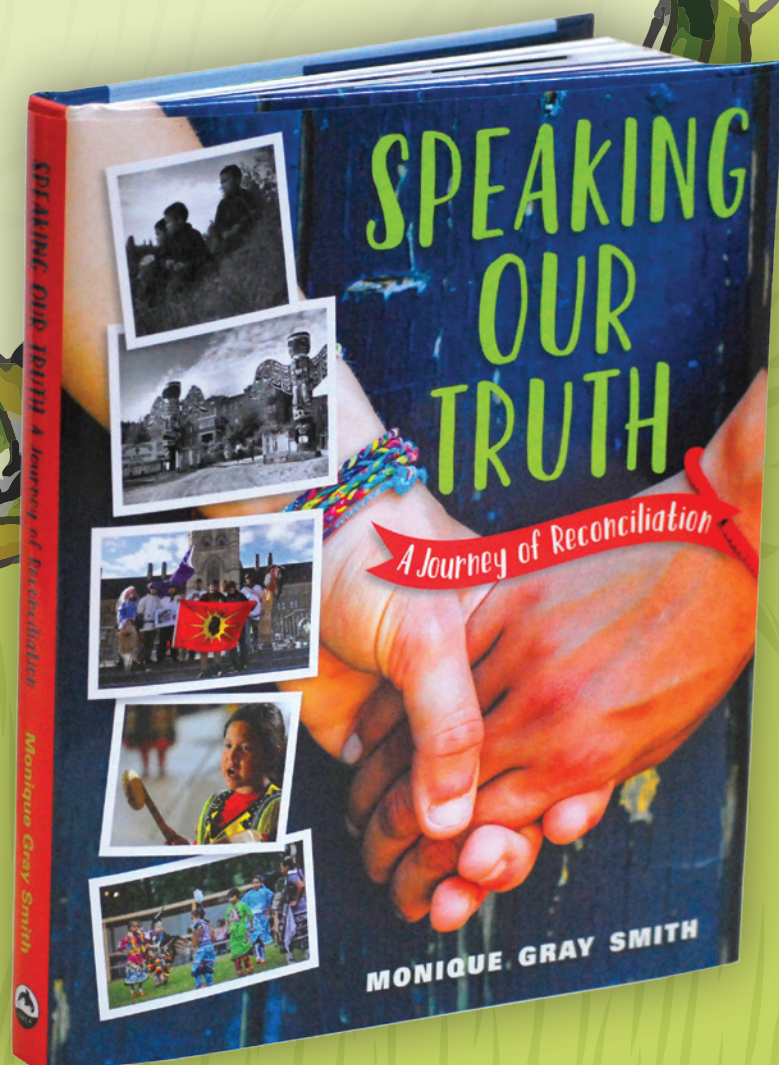
# “Reconciliation begins with you.”

—Dr. Robert Joseph, Gwawaenuk First Nation

## WHAT CAN YOU DO?

### NEXT STEPS IN YOUR JOURNEY OF RECONCILIATION:

1. Learn whose territory you live and go to school on. When you go to a new place, learn whose land you are visiting.
2. Learn how the First Peoples where you live prefer to be identified.
3. Have a conversation with your family at the dinner table about history, reconciliation and the kind of Canada you want to live in.
4. Share what you have learned. Talk with friends and family about Canada’s history and reconciliation.
5. Read Indigenous authors, being sure to balance female and male authors.
6. Wear an orange shirt on Orange Shirt Day (September 30).
7. Dedicate 94 days to watch the #94DaysForReconciliation videos.
8. Choose one of the calls to action and commit to taking steps that reflect it.
9. Stand up and call out racism.
10. Email your elected officials at all levels of government and ask them what they are doing to foster reconciliation and how they are implementing the 94 Calls to Action.



[www.speakingourtruth.ca](http://www.speakingourtruth.ca)